

2024 CDC JOB DESCRIPTION: WATERFRONT LIFEGUARD

Overall Objective(s):

Supervise, conduct activities and maintain a safe environment at the Kayaking, Snorkeling, and Swim areas of Camp

Ensure health, wellness and safety of campers and staff during Camp Sessions.

Develop, implement, and evaluate waterfront program in accordance to ACA Waterfront Standards

Create an inviting and safe atmosphere during the camp rotations

ESSENTIAL FUNCTIONS

- Certified lifeguard with all copies of certifications on file
- Preferred 3 years of camp experience, however if you have a swimming and lifeguarding background prior experience will be accepted
- At least 20 years of age
- Attend Waterfront Training Day, Staff Training Day and the entire camp session
- Ability and commitment to being a part of the Directing Team
- Demonstrates flexibility, ability to prioritize, and to problem solve
- Ability to communicate and train staff and campers in the safety regulation and emergence procedures
- Visual and auditory ability to identify and respond to environmental; and other hazards related to the waterfront
- Ability to communicate and work with groups participating (age and skill levels) and provide instruction to campers and/or staff
- Physical strength to perform all waterfront and first aid responsibilities
- Abilities to observe camper behavior, assess it appropriateness, enforces appropriate safety regulations and emergence procedures, and apply appropriate behavior –management techniques
- Cognitive and communication abilities to plan and conduct the activity to achieve camper development objectives.

Reporting Structure:

- Reports to Waterfront Director
- Responsible to High Risk Director

Specific Responsibilities

1. Supervisory:
 - a. Review waterfront equipment for safety and readiness
 - b. Coordinate with on duty medical staff regarding emergency procedures
 - i. aware of special needs of campers at the waterfront
 - c. Participate in on-site training all lifeguards in all waterfront activities
 - i. To ensure staff has through knowledge and application of life guarding surveillance and rescuer technique
 - ii. Has an understanding of onsite policies, procedures and rules
 - d. Participate in waterfront orientation the first day of each camp session
 - e. Organize and execute swim test for every camper
 - f. Fill out a written evaluation on all lifeguards at the end of each camp session
 - g. Assist in evaluating the entire camp program with suggestions for the following year
 - h. Inform Waterfront Director of any camper or staff problems
 - i. Maintains waterfront staff schedules to ensure health and a safe environment

2. Maintains and reports on equipment and facility and needs.
 - These are not the only duties to be performed. Some duties may be assigned and other duties may be assigned as required

3. Build waterfront team chemistry
4. Be flexible and communicate changes in weather conditions, ocean conditions, physical conditions.

Training Requirements:

- 1) **Be prompt**
- 2) **Complete a 500 swim in 12 minutes; 200 freestyle, 200 breaststroke, 100 freestyle**
- 3) **25 sprint under 30 seconds**
- 4) **Tread water for at least 10 minutes, usually closer to 15-20 minutes**
- 5) **Tread water with a 10lb brick for 2 minutes**
- 6) **Tread water for 3 minutes with no hands**
- 7) **Retrieve a 10 lb brick from at least 10ft water depth**
- 8) **Complete the CPR skills training**
- 9) **Complete the lifeguard skills training**
- 10) **Build session and team chemistry**
- 11) **Bring camp spirit and have fun**